

THE ELEVATOR

December 2023

FULL EVENT
LIST INSIDE!



ELEVATE & PERHAM AREA COMMUNITY CENTER UNITE FOR COMMUNITY FUN!

Hold onto your hats because Perham Area Community Center and Elevate are teaming up to unleash a whirlwind of fun and excitement! We have a great lineup of fun activities on the horizon, and all adults are welcome to join in the fun!

Starting with the activity that is sweeping the nation...Pickleball! Join us for Beginner Pickleball lessons, so you can join in on league play throughout the week. We're also starting a weekly Walking Club. We'll start with walking around the track this winter but will head outside when the weather warms back up!

If you haven't already seen the beautifully renovated facility, join us for a Nosey Neighbor tour of the PACC! We'll get a firsthand look at the new features, including therapy pool, new lobby area, fitness rooms, playland, and more!

Best of all, we're bringing back Coffee Talks! We'll be kicking off in January—a great way to start 2024!

Stay tuned for more fun partnerships with Perham Area Community Center. We hope to see you there! ▲

BEGINNER PICKLEBALL

Mondays and Thursdays

Join the fun on Mondays in December from 6:30-9pm or Thurs, Dec 7 & 21 from 8-10am!

WALKING CLUB

Starting December 5

Join us for a healthy stroll around the track every Tuesday from 10-11am at the PACC!

NOSEY NEIGHBOR

Tuesday, December 12

Two Sessions: 11am-noon or 6-7pm

COFFEE TALKS

Kicking Off January 3

1st & 3rd Wednesdays from 10:30-11:30am
Perham Area Community Center



JOIN OUR TEAM OF VOLUNTEER DRIVERS: BE THE ROAD TO HOPE FOR OTHERS!

We're on the lookout for dedicated volunteers to join our mission of ensuring access to critical medical care for those facing transportation challenges in our community. Your driving can be the difference between missed appointments and life-changing treatments. By becoming a volunteer driver, you'll be the vital link that helps our neighbors reach their essential medical appointments. With the flexibility to craft your own schedule, you can select rides that suit your availability, whether it's a quick trip around Perham or a journey to Fergus Falls, Detroit Lakes, Fargo, or nearby areas.

Contact Katie at katie.murdock@perhamhealth.org to get started! ▲

FOOT CARE CLINIC

**TUESDAYS - JANUARY 2,
FEBRUARY 13, & MARCH 26**

Appointments available
from 9am - 2pm

Perham Living Salon
735 3rd Street SW, Perham

COST
\$30

BOOK YOUR APPOINTMENT:

- Call or text 218-371-8888
- Email polishedspa18@gmail.com

TAKE THE COMMUNITY HEALTH NEEDS ASSESSMENT!

Give your input on community health:
<https://elevateotc.link/community-assessment>

TAKE SURVEY



EVENT SPOTLIGHT
Da Vinci - The Exhibition

Join us for a Nosey Neighbor tour of the Da Vinci exhibit at Becker County Museum on Tuesday, December 5!

The experience follows the Renaissance master, Leonardo da Vinci, on a journey of innovation, creativity, science, and wonder. The exhibit features more than 60 fully built, life-size inventions, more than 20 fine art studies, and dozens of stunning displays.

Tuesday, December 5 from 3-4pm
Becker County Museum
Cost: \$25 (but we'll get a group discount if we have more than 20 attendees)

Upcoming SIGNATURE EVENTS

Walking Club every Tuesday at 10am at PACC

 **Da Vinci - The Exhibition**
Tuesday, December 5 from 3-5pm
Becker County Museum, DL
Cost: \$25 (not inc. group discount)

 **Pour Painting - FULL**
Thurs, December 7 from 5:30-7:30pm
Cultural Center, NYM
Cost: \$35

 **Lights in the Pines**
Friday, December 8
from 5:30-6:30pm

 **Perham Area Community Center**
Tuesday, December 12
Sessions: 11am-noon or 6-7pm

 **Cookie Exchange**
Wed, December 13 at 10:30am
New York Mills Public Library

 **Holiday Grazing**
Thursday, December 14
from 11am-1pm or 5-7pm
Elevate Conference Room
Cost: \$24

 **Gingerbread Houses**
Tuesday, December 19 from 1-2:30pm
Elevate Conference Room
Cost: \$25

 **The Mixer: Christmas Trivia**
Tues, December 19 from 4:30-6pm
Mills Liquor, NYM

 **Sangria + Floral Workshop**
Wed, December 20 from 5:30-7:30pm
Gathering Grounds, Perham
Cost: \$45 | 21+ Only

 **Upcycled Wrapping Paper Craft**
Wed, December 27 at 10:30am
New York Mills Public Library

 **PACC Coffee Talk Kickoff**
Wed, January 3 at 10:30am
Perham Area Community Center

 **Kinship Program**
Wed, January 10 at 10:30am
New York Mills Public Library

 **Downsizing: Closets + Kitchens**
Wednesday, January 10 from 1-2pm
Elevate Conference Room
Cost: \$10

 **Tech 101: Internet Resources**
Thursday, January 11 from 2-4pm
New York Mills Public Library

 **Mastering Medicare: Prior Authorizations & Medicare**
Tues, January 16 from 4-5:30pm
Lakeside Event Center, Perham

 **State Services for Blind**
Wed, January 17 at 10:30am
Perham Area Community Center

 **Downsizing: Basements + Garages**
Wed, January 17 from 5:30-6:30pm
Elevate Conference Room
Cost: \$10

 **Funeral Preplanning**
Thurs, January 18 from 1:30-3pm
Elevate Conference Room

 **Arvig**
Tuesday, January 23
from 3-4:15pm

 **Passport Series: Iceland**
Wed, January 24 at 10:30am
New York Mills Public Library



 **COFFEE TALK**
Explore a topic or idea while sipping coffee and connecting with others.

 **EXPLORATORY**
Explore a new activity or skill in our casual, no-commitment classes.

 **NOSEY NEIGHBOR**
Explore what happens behind the scenes of our local businesses.

REGISTER AT
elevateotc.org/events

'TIS THE SEASON *Elevate Your Holidays*

Elevate your holiday season with a sleigh full of festive events! Join us for a magical stroll through Lights in the Pines, trade sweet delights at our Cookie Exchange, and gather easy-to-master recipes for Holiday Grazing that will dazzle your guests. Create enchanting Gingerbread Houses and put your holiday know-how to the test with our Christmas Trivia challenge. Plus, don't miss out on crafting the perfect hostess gift at our Sangria + Floral Workshop!

Embrace the spirit of the season with us and make this holiday one to remember! ▲



NOSEY NEIGHBOR:
Lights in the Pines
Friday, December 8
from 5:30-6:30pm at
Pioneer Grounds



EXPLORATORY
Gingerbread Houses
Tuesday, December 19
from 1-2:30pm at Elevate
Conference Room
Cost: \$25 per person



COFFEE TALK
Cookie Exchange
Wednesday, December 13
from 10:30-11:30am at New
York Mills Public Library



THE MIXER
Christmas Trivia
Tuesday, December 19
from 4:30-6pm at Mills Liquor



EXPLORATORY
Holiday Grazing
Thursday, December 14
from 11am-1pm or 5-7pm at
Elevate Conference Room
Cost: \$24



EXPLORATORY
Sangria + Floral Workshop
Wednesday, December 20
from 5:30-7:30pm
at Gathering Grounds
Cost: \$45 | 21+ Only

Happy Holidays from the Elevate Team!



✉ connect@elevateotc.org

☎ (218) 347-1974

🌐 elevateotc.org



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